

PSHE – Year 4- Long Term Plan

	National Curriculum Coverage	Assessment
Autumn	<ul style="list-style-type: none"> • Being Me in My World Becoming a Class 'Team' Rights, Responsibilities and Democracy Our Learning Charter • Celebrating Difference Judging by appearances Know how to help if someone is being bullied .Celebrating Difference: how we look 	<p>I can tell you a time when my first impression of someone changed as I got to know them I can explain why it is good to accept people for who they are</p>
Spring	<ul style="list-style-type: none"> • Dreams and Goals Hopes and Dreams Creating New Dreams Assessment Opportunity We Did It • Healthy Me Smoking Alcohol Healthy Friendships 	<p>I can tell you how I felt when I succeeded in a new challenge and how I celebrated it I know how to store the feelings of success in my internal treasure chest</p> <p>I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy I can recognise how being healthy helps me to feel happy</p>
Summer	<ul style="list-style-type: none"> • Relationships Memories Are Animals Special? Relationships with people and animals • Changing Me Circles of change Accepting change Looking ahead 	<p>can tell you why I appreciate someone who is special to me and express how I feel about them</p> <p>can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina I respect my body and understand which parts are private I respect my body and understand which parts are private</p>