

PSHE – Year 3 - Long Term Plan

	National Curriculum Coverage	Assessment
Autumn	<ul style="list-style-type: none"> • Being me in my world Getting to Know Each Other Our Dream School Our Learning Charter • Celebrating Difference Families- Accept that everyone is different Witness and feelings - Know how to help if someone is being bullied Celebrating difference: compliments 	<p>I recognise my worth and can identify positive things about myself and my achievements I understand why rules are needed and how they relate to rights and responsibilities I can make responsible choices and take action</p> <p>I can tell you about a time when my words affected someone's feelings and what the consequences were I can give and receive compliments and know how this feels</p>
Spring	<ul style="list-style-type: none"> • Dreams and Goals My Dreams and Ambitions Overcoming Obstacles Celebrating My Learning • Healthy me Being Fit and Healthy Being safe My Amazing Body- Know how to keep calm and deal with difficult situations 	<p>I can evaluate my own learning process and identify how it can be better next time I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest</p> <p>I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help I can express how being anxious or scared feels</p>
Summer	<ul style="list-style-type: none"> • Relationships Family Roles and Responsibilities Friendship Being a Global Citizen- Show respect in how they treat other • Changing me How Babies Grow Family Stereotypes Looking Ahead 	<p>I can explain how some of the actions and work of people around the world help and influence my life I can show an awareness of how this could affect my choices</p> <p>I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up I recognise how I feel about these changes happening to me and know how to cope with these feelings</p>