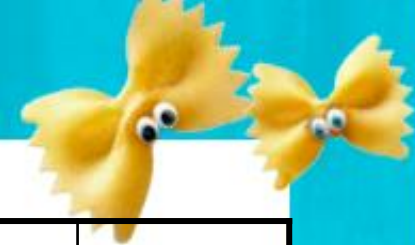




Summer 2019 Menu



Week 1

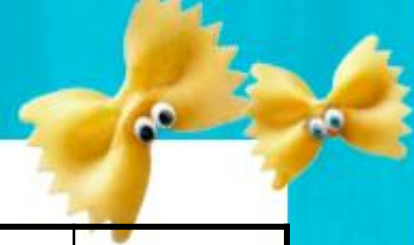
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	BBQ Meatballs <i>Served with Pasta**</i>	Roast Chicken <i>with Roast Potatoes and Gravy</i>	Salmon Fish*** Fingers <i>with Chips</i>	
Vegetarian Option	Chinese Style Veggie Rice	Vegetable Pasta Bolognese **	Quorn Roast <i>with Roast Potatoes and Gravy</i>	Veggie Hot Dog <i>with Chips</i>	
Alternative Option	Jkt Potato with Cheese Beans or Tuna	Jkt Potato with Cheese Beans or Tuna			
Vegetables	Broccoli Sweetcorn	Green Beans Mediterranean Vegetables	Carrots Cabbage	Peas Beans	
Desserts	Mango Frozen Yoghurt	Pear Upside Down Cake * <i>with Custard</i>	Flapjack <i>with Fruit Slices *</i>	Brownie Cake	

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
 *Fruit Based **Wholegrain ***Oily Fish





Summer 2019 Menu



Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	BBQ Quorn Burger <i>with Jacket Wedges</i>	Chicken Meatballs <i>with Creamed Potato</i>	Chicken Tikka Masala <i>with Rice</i>	Crispy Fish and Chips	
Vegetarian Option	Baked Bean and Cheese Quesadilla <i>with Pesto Pasta</i>	Vegetarian Sausages <i>with Creamed Potato</i>	Mild Chickpea Curry <i>with Rice</i>	Quorn Dippers and Chips	
Alternative Option	Jkt Potato with Cheese Beans or Tuna	Jkt Potato with Cheese Beans or Tuna			
Vegetables	Crunchy Coleslaw Peas	Roasted Peppers and Sweetcorn Baked Beans	Cabbage Carrots	Peas Sweetcorn	
Desserts	Chocolate Sponge Cake <i>with Custard</i>	Berry Flapjack	Oatie Biscuit <i>with Fruit Slices *</i>	Cheese and Biscuits	

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
 *Fruit Based **Wholegrain ***Oily Fish





Summer 2019 Menu



Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Veggie Pizza <i>with Jacket Wedges</i>	Chicken Korma and Rice	Roast Chicken <i>with Roast Potatoes and Gravy</i>	Golden Fish Fingers <i>with Chips</i>	
Vegetarian Option	Tomato and Pasta Bake <i>with Jacket Wedges</i>	Mac 'N' Cheese	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Creamy Pesto Pasta	
Alternative Option	Jacket Potato <i>with Cheese Beans or Tuna</i>	Jacket Potato <i>with Cheese Beans or Tuna</i>			
Vegetables	Peas Sweetcorn	Broccoli Carrots	Carrots Cabbage	Baked Beans Peas	
Desserts	Lemon Drizzle Cake	Peach Slice	Blueberry Frozen Yoghurt	Chocolate Shortbread <i>With Fruit Slices</i>	

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
 *Fruit Based **Wholegrain ***Oily Fish

